



REAL INSTITUTE OF MANAGEMENT & RESEARCH, NAGPUR

(SAI SHRADDHA CHARITABLE TRUST)

Near Beltarodi Police Station, Beltarodi Road Nagpur-440037

HEALTH CHECK-UP CAMP

SESSION 2021-2022

REPORT

Real Institute of Management and Research

Programme: Health Check-up Camp

Committee: NSS Unit

Chief Guest: - Dr. Sanjivani Waghmare

Date and Time: 25th Feb 2022, 10.00 am to 1.30 pm

Objectives: -

1. To raise health awareness among the community and students and teach them to deal with communicable and non-communicable.
2. To provide information regarding diet, exercise and weight control.
3. Provide free and quality medical check-up to all including students.
4. To raise social awareness among the students.
5. To motivate students to participate in such activities.

Highlights: -

1. A free health check-up camp was scheduled to start at 10.00 am. The guest, Dr. Sanjivani Waghmare along with her team arrived the college and were welcomed by Prof. Prapti Barde.
2. The camp was organized in association with Sanjivani Clinic, Pipla Fata, Kalavati nagar, Hudkeshwar road, Nagpur.
3. The students of the college worked as volunteers to manage the queue and the crowd.
4. The main objective of the camp was to make people aware about the regular health check-up which includes blood pressure, sugar test and also providing information regarding proper diet, exercise and weight control.
5. Approximately 80 people including students, had come for the free health check-up. Free physical examination, Blood sugar, Blood pressure tests were provided by the doctor.
6. Doctor advised them various medicines and consultation during the camp.
7. There was an arrangement of tea and biscuits for the students and nearby society people those have arrived for their health check-up.
8. Prof. Prapti Barde proposed a vote of thanks by giving a sapling to Dr. Sanjivani Waghmare for a successful conduction of free health check-up camp and also for accepting the request for conducting a camp.
9. The camp had got a good response from the society and students.
10. The faculty members ensured the smooth functioning of the camp. The camp was successfully organized with the encouragement and kind support of Chairman Shri. Shankarji Barde, guidance of the director Dr. Surekha Jichkar and the active involvement of NSS Co-ordinator Flying Officer (Prof.) Prapti Barde.

Outcome: -

1. Students and the society people were happy and satisfied with the free health-check-up camp conducted by the college.
2. They got aware about various health issues that may occur and it was advised to them by the Doctor, to have a regular health check-up including blood pressure and sugar test.
3. Doctor explained various ways to stay fit, having a balanced diet and the importance of exercise.
4. Students who worked as a volunteer for NSS unit, got an encouragement to conduct such programmes in future too.
5. The beneficiaries were also satisfied with the free medicines prescribed to them by the doctor.

No. of Beneficiaries: 80

Vote of Thanks by: Prof. Prapti Barde, Assistant Professor, Real Institute of Management and Research

NSS Officer: Prof. Prapti Barde, Assistant Professor, Real Institute of Management and Research

Programme Coordinator: Prof. Rutuja Budhe, Assistant Professor, Real of Management and Research

Date: 26th Feb 2022

Snapshots



Students getting a free health-checkup through Dr. Sanjivani Waghmare



Society people getting benefitted through a free health-check-up camp



Free medicine stall



Prof. Prapti Barde giving a sapling to Dr. Sanjivani Waghmare



Faculty members along with Dr. Sanjivani Waghmare and her team